## WHEN TALKING ABOUT CANCER, WE MUST TALK ABOUT MENTAL HEALTH.

## It's important to recognize and prioritize mental wellness concerns during treatment.



8-24% of people living with cancer are also living with depression.<sup>1</sup>



Half of caregivers report anxiety levels substantially worse than the national average.<sup>2</sup>



About half of people living with cancer are at risk for clinically significant anxiety.<sup>3</sup>



Symptoms of cancer, depression and anxiety can be similar, making it difficult to accurately identify mental health concerns for people living with cancer.



Only **40% of cancer survivors** reported their medical teams discussed the impact of cancer might have on their mental health.<sup>4</sup>



Patients with a high risk of depression on top of a financial burden are **75% more likely** to interrupt their cancer treatment.<sup>5</sup>

## BeiGene believes mental health support can improve quality of life and health outcomes for patients.



Early intervention has been found to lead to better adherence to treatment, fewer calls and visits to the oncologist's office, and avoidance of more severe mental health disorders.<sup>6</sup>



People who get treatment often see improvement in their overall health and are more likely to follow through with medical care and have better quality of life.<sup>5</sup>

If you're experiencing feelings of anxiety, sadness, or depression, you are not alone. Talk to a member of your care team or a patient advocacy group for information, treatment, and resources for support near you.

<u>Learn more</u> about BeiGene's commitment to elevating awareness on the importance of mental health as a component of quality cancer care.

## References

Krebber et al. (2013). Prevalence of depression in cancer patients: a meta-analysis of diagnostic interviews and self-report instruments. Psycho-oncology, 23(2), 121-30. Retrieved from https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4282549/
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